

# Our Health. Our Community. Our Hospital.

2023 - 2024 Annual Impact Report



**Our Mission:** We touch and save lives every day by helping Sierra Nevada Memorial Hospital deliver superior healthcare through outreach programs, education, state-of-the art technology and facilities by means of philanthropy and volunteerism.

**Our Vision:** To serve as a bridge between our hospital and community, we create an environment in which philanthropy flourishes for healthcare needs ensuring exceptional services and programs are available throughout the community and at Sierra Nevada Memorial Hospital today and for future generations.

**Our Values:** To ensure Sierra Nevada Memorial Hospital excels as the leading health care provider in our community, Sierra Nevada Memorial Hospital Foundation's Board of Directors and staff will cultivate positive relationships and make the following commitments:

**To Our Community:** We will encourage your participation to raise funds and to support a healthcare environment that meets the needs and expectations of our community.

**To Our Hospital:** We will devote our time and best efforts to provide the resources needed so you can care for our community with dignity, respect, empathy and compassion.

**To Our Donors:** We will provide clear statements of the Hospital's vision and goals, be accountable to your trust in and expectations of the Foundation, and give clear recognition of your support.

**To Our Volunteers:** We will honor and steward our volunteers, who through their generous contribution of time, talent, leadership, commitment and passion enable us to better serve the healthcare needs of our community.

**Our Promise:** We will be committed to the overall improvement of health in our community and will work in the most effective way to exemplify accountability, trustworthiness and integrity.

#### SNMH Foundation Board of Directors

### Executive Committee

*President:* Heather Thorpe

*Vice President:* Richard Keene

*Treasurer:* David Jones

Secretary: Barbara DeGraw

Member at Large: Denis Drew, MD

Member at Large: Sally Gallagher

Past President:
Dylan Hendricks

#### **Board Members**

Pam Auld
Jake Bronson
Jean Creasy, DDS
Monty East
Alex Gammelgard
Marty Lombardi
Katy McKay
Scott Neeley, MD
Dave Painter
Lisa Swarthout
Edward Sylvester
Carol Scofield

## A Message from our Leadership



Sandra Barrington, CFRE SNMHF Executive Director (Pictured Right)

Dylan Hendricks, SNMHF Board President (Pictured Left)

SNMH Foundation extends our incredible gratitude to Dylan Hendricks for serving two years as President of our organization.

Under her leadership and expertise in Estate Planning and planned giving, we have analyzed our investment policies and endowment progress. Coming out of COVID we have brought back all of our major events rebuilding our volunteer leadership and volunteer programs.

#### Dear Friends of SNMH Foundation,

Annual reports are always a beautiful time to reflect on the generosity of your support and the incredible impact you make. Each year, your support turns into vital healthcare improvements, programs, and technology.

In the fiscal year running from July 1, 2023 to June 30, 2024 we successfully completed a technology improvement project for the Cardiac Rehabilitation Program and launched a capital campaign to modernize the Intensive Critical Care Unit (ICCU). In between, your support has continued to fund the Sierra Nevada Family Medicine Program, the Alzheimer's Outreach Program, Cancer Center support groups, the Falls Prevention Coalition, and more.

There was a lot to celebrate in this fiscal year. The 40th Anniversary of SNMH Foundation gave us the opportunity to honor our past and founders who started the good work. The Hospital received several awards, such as the Top Rural Hospital award (see page 8), honoring their incredible work in patient safety and quality.

We can not thank you enough for your contributions, which have made these achievements possible. Together we are making a profound difference in the lives of those we serve.

As we move forward, we are excited about completing the Intensive Critical Care Unit project and planning for several larger capital projects coming in the next few years. Big things are on the horizon for Sierra Nevada Memorial Hospital Foundation and we thank you for being a part of our journey.

In Kindness,

Sandra Barrington & Dylan Hendrichs



Pictured above is the incredible SNMHF Comfort Cuisine volunteer team. They help provide nutritious, ready-to-go meals for cancer patients at the Dignity Health Sierra Nevada Memorial Hospital Community Cancer Center. These meals are available at no cost if patients are unable to afford the suggested \$4 donation, ensuring everyone has access to the nourishment they need during treatment.

## Giving by the Numbers

#### **Total Dollars Raised:**

This year, our donors came together to realize the power of generosity and gratitude in our community. The results have been inspiring.

From a large estate gift, to grants, to events, to employee support, to online giving, and our Red Rose Society, you have made an impact in local healthcare.



FY 22 - 23	\$ 1,362,418
FY 21 - 22	\$ 2,094,541
FY 20 - 21	\$ 1,806,173
FY 19 - 20	\$ 1 483 510

\$ 2,694,164

\$ 1.067.360

FY 23 - 24

FY 23 - 24

EV 22 24

### **Transfers to Hospital:**

Transfers made by the SNMH Foundation to Sierra Nevada Memorial Hospital show collaboration as monies are transferred only after the obligation of donor intent has been met.

Your donations turn into advanced technology and vital health care programs.



FY 22 - 23	\$ 1,655,554
FY 21 - 22	\$ 1,205,827
FY 20 - 21	\$ 568,715
FY 19 - 20	\$ 1,192,419

#### **Total Donors:**

Donors bolster innovation, bring together our community and serve the vulnerable. Together we accomplish what none of us could do alone.

There has been a national trend in philanthropy of Foundations across the country raising more money with less donors which we also experienced this year.



F1 23 - 24	1,000
FY 22 - 23	1,226
FY 21 - 22	1,064
FY 20 - 21	1,016
FY 19 - 20	1,653

## Your Kindness in Action: FY 23 / 24

## Mobile Clinic Coming Soon

The development of a new Primary Care Mobile Clinic will soon be a reality in 2025. Grant funds acquired through the US Department of Health and Human Services Congressional Appropriation process are funding a two room mobile clinic that will support Nevada County and the north state region.

The mobile unit is currently in the process of being built and should be operational by Summer of 2025.



## Infant Hearing Machine

Area of Greatness Need funds were utilized in this fiscal year to support the purchase of a new infant hearing machine. This technology allows nurses and techs to test a newborn's hearing levels before they are discharged.

Properly discharging any patient is important, but especially crucial to our precious newborns. Tests, such as the hearing test, are an important requirement to the family and hospital for a safe discharge home.



## Alzheimer's Caregiver Support

The Alzheimer's Outreach
Program (AOP) continues to be
one of the most vital outreach
programs we provide in our
community. The need for
supporting caregivers is great.
The educational classes fill up
quickly, respite care is widely
utilized, and one-on-one
caregiver navigation is so vital
to their quality of life.

The program served 285 people total, with one-on-one support to 95 clients, held 24 family support groups, and 6 educational offerings.



## A Grateful Patient from SNMH

Amidst the peaceful landscapes of Nevada City, Liv and Denny Fitzpatrick never anticipated the life-altering journey that awaited them. In June of last year, Liv was diagnosed with Triple Negative Breast Cancer, launching them into an unexpected battle with the disease.

Throughout her treatment, Liv was placed under the expert care of Dr. David Campbell and the dedicated team at Sierra Nevada Memorial Hospital. Every chemotherapy session at the Ambulatory Treatment Center became an opportunity for Liv and Denny to witness the extraordinary compassion and skill of the nurses and staff. Their kindness provided much-needed comfort and strength during a difficult time.

Now, as Liv continues to recover from her second bout with cancer, she and Denny have reflected on the remarkable care they received and feel an immense sense of gratitude. In recognition of the life-changing support that helped them through their journey, they decided to give back. The couple made a generous \$5,000 donation to benefit the Cancer Center, hoping to inspire others to support the hospital that means so much to them.

The Fitzpatricks' story serves as a powerful reminder of the profound impact that compassionate, expert care can have on patients and their families. Their gift honors the exceptional team at Sierra Nevada Memorial Hospital and the many lives they

continue to touch.

"In the midst of life's most challenging battles, compassionate care becomes a light that guides us through. Liv and Denny Fitzpatricks' story reminds us of the strength found in kindness and the gratitude that inspires us to give back."

- Sandra Barrington
SNMHF Executive Director



# SNMH Ambulance Teams Receives Clinical Excellence Award from California Emergency Medical Services Authority

On September 6th, 2023, Sierra Nevada Ambulance and GVFD Engine 2 (ALS) responded to a medical emergency at a local business for a person who had fainted. Upon arrival, the initial fire department crew found the patient on the floor with bystander CPR being performed. Realizing the patient had choked, they cleared the airway, initiated high-quality CPR, and started advanced cardiac life support measures. Additional manpower was requested with the arrival of a second fire engine.

When Sierra Nevada Ambulance arrived, Paramedic Toor took over patient care, supported by GVFD and SNA Supervisor Dane Meredith. With EMT Corchero, they provided lifesaving emergency medical care, achieving return of spontaneous circulation. The patient was transported to Sierra Nevada Memorial Hospital Emergency Department, regaining consciousness upon arrival, and was subsequently admitted to the ICU. On September 15th, the patient was discharged with full neurological function.

The LUCAS device, used for automatic CPR, was crucial in this effort and was purchased by the SNMH Foundation Area of Greatest Need fund.



## SNMH AWARDS



#### SNMH TOP RURAL HOSPITAL

In December 2023, staff and community members celebrated SNMH's recognition as a Top Rural Hospital by Leapfrog. We are one of only 15 rural hospitals nationwide and the only one in California to receive this honor last year. The Leapfrog Top Hospital award recognizes hospitals with superior systems to prevent medication errors, higher quality maternity care, and lower infection rates, among other outstanding qualities.

#### **5 STARS FROM MEDICARE**

SNMH earned a prestigious 5-star rating from Centers for Medicare and Medicaid Services (CMS). We're proud to be one of 36 hospitals in California to receive this top rating. This honor reflects our commitment to excellence in safety, patient experience, readmission rates, and timely and effective care. The health and safety of our patients is our top priority and this rating shows we're delivering on that promise.

#### "A" HOSPITAL SAFETY GRADE BY THE LEAPFROG GROUP

In Spring 2024, Sierra Nevada Memorial Hospital was awarded an "A" Hospital Safety Grade by The Leapfrog Group, a respected national nonprofit watchdog. This recognition, based on over 30 measures, highlights our ongoing commitment to patient safety and quality care. Receiving our second consecutive "A" rating underscores the dedication of our exceptional physicians and staff.



Spring 2024 Leapfrog

A Safety Grade



#### SNMH AT THE TOP OF THE OPIOID CARE HONOR ROLL

We are thrilled to announce that Sierra Nevada Memorial Hospital has received the Sustained Improvement award from the 2024 Opioid Care Honor Roll Program by Cal Hospital Compare for the second consecutive year! This honor recognizes our commitment to advanced opioid stewardship and harm reduction, ensuring top-tier care for our community. We've integrated these resources across all service lines to guarantee accessible preventative care and treatment for years to come.

## Leaving a Lasting Legacy

#### A Legacy by Surprise

John and Lu Templeton were married for 68 years with a relationship built on trust, respect and appreciation. Their caring generosity of spirit was shared on many occasions with family and friends. Lu's infectious laugh and her great cooking were always enjoyable. Their talents, efforts, abilities and determination to do their best were seen in everything they did including their enjoyment in playing bridge. Lu and John also knew the importance of taking time for just the two of them via walks, trips, movies, music and more. John passed away in 2017 and Lu passed in 2022.

We are grateful that Lu's sister shared this beautiful information about Lu and John. The truth is, we were very surprised by a \$1.1 million estate gift from the Templeton's as we did not know them and this was their first gift to our organization. What an incredible surprise! This gift is now turning into life-saving care with the modernization of the Intensive Critical Care Unit and in the future will support advancements for the Cancer Center.

John and Lu are now recognized in our Legacy Society in perpetuity. The Legacy Society is a recognition program that honors individuals who have made the extraordinary commitment to support SNMH Foundation through planned giving. By including our organization in their wills or trusts, these forward-thinking donors ensure that their philanthropic intentions continue to benefit future generations.

\*The Estate of LaVonne Amaral

\*The Estate of Mildred P. Anderson

Bob & Karen Baldwin Charitable Remainder Trust

Shirlee & Don Bartoli

Daniel Bibelheimer, MD

Glenda & George Burak

\*The Estate of Helen Conrey

Callie & Dee Dawkins

\*The Estate of Charles & Clara Deardorff

\*The Estate of James Denoble

Elton & Audrey Family Trust

\*The Estate of Gerald Y. Fitzgerald

Carol & Robert Hamilton

\*The Estate of Herbert & Elaine Hindin

Ruth & Robert Hochman

\*The Estate of Ellsworth L. Howe

\*The Estate of Elizabeth Humphrey

\*The Estate of Edith & Lester Johnson

Gael Perrin-Jones & Gary Jones, MD

\*The Estate of Deiter Juli

\*The Estate of Max & Virginia Kane

\*The Estate of Curtis Kastner

David Kraus, MD\*The Estate of Leonard Leathley

Bev & Ron Mathis

Doris Michelin & Robert Michelin, MD

\*The Estate of Elanor Mulch

The Myers Family Trust

\*The Estate of Linda O'Carroll

\*The Estate of Elizabeth T. Price

\*The Estate of Edward Sample

\*The Estate of Lucille& John Templeton

\*The Estate of Muriel Gorder Stahl

\*The Estate of Hulda K. Stern

\*The Estate of Merrill L. Sword

\*The Estate of AWB Vincent

Ian & Norm Westmore

\*The Estate of indicates generous donors who are longer with us As of November 2024

## Sierra Nevada Family Medicine Residency Update

#### Dear Friends and Supporters,

I'm thrilled to share an update on the progress of the Sierra Nevada Memorial Hospital Family Medicine Residency Program. Thanks to your unwavering support, our inaugural class of residents, Dr. Kelty White and Dr. Nick Sparr, Class of 2026, have successfully completed their first year and are now moving forward in their second year of training right here in our rural community.

Both Dr. White and Dr. Sparr have completed initial rotations on the adult inpatient service, gaining critical experience and contributing to patient care. I'd like to extend a heartfelt thank you to Dr. Claydon, Dr. Baidwan, Dr. Grewal, and the entire hospitalist team for their exceptional teaching and guidance during these rotations. Their expertise has been invaluable to our residents' learning journey.

Our residency program continues to grow through collaboration across specialties. Dr. Roche, Dr. Alsup, Dr. Miller, Dr. Hodgson, and the Emergency Department team deserve a big thank you for helping our residents thrive during their ED rotations. A special shoutout to Dr. Jensen, Dr. Kintner, Dr. MacDonald, Dr. Clayton, and the entire labor and delivery team for their work in providing care to our women and children—both in and out of the hospital.

As they move into their second year, our residents will rotate through cardiology, gastroenterology, urgent care, and other subspecialties, enhancing their breadth of medical knowledge and patient care skills.

On behalf of the entire team, I want to extend a sincere thank you to everyone who has been involved in training our residents. Your commitment is helping us shape the next generation of family physicians who will continue to serve Nevada County and beyond.

With gratitude,

Ren Mookin

Glenn Gookin PhD, MD, FAAFP



Pictured: Dr. Glenn Gookin. Dr. Karina Gookin and the Sierra Nevada Family Medicine residents at the Starry, Starry Nights

## Sierra Nevada Family Medicine Residency Update



Dr. Kelty White (left) recently made history by becoming our first rural family medicine resident to deliver a baby at Sierra Nevada Memorial Hospital! She's also nurturing her interest in Wilderness Medicine, attending a recent conference in Plumas County, equipping her to provide care in diverse environments.

Meanwhile, Dr. Nick Sparr (left) was accepted as a MERF Scholar, a highly competitive yearlong training program in addiction medicine hosted by the California Society of Addiction Medicine. Along with Dr. Julie Garchow and Dr. Ben Oldach, Dr. Sparr traveled to San Francisco to deepen his expertise in treating patients with substance use disorders—an area of growing need in our community.





In Sacramento, our second class of residents, Dr. Camille DeRome and Dr. Karli Haugen (right), have been diligently working in the ICU, clinic, and OB wards at Methodist Hospital. They've been receiving excellent feedback from their attendings, which further highlights the high caliber of our growing residency program.

## Cardiac Rehabilitation Upgrades at SNMH

Recovering from a heart event, whether a heart attack or cardiac procedure, can be stressful and overwhelming. However, cardiac rehabilitation plays a crucial role in recovery, offering patients the tools to improve their health and reduce future risks. In Western Nevada County, the Dignity Health Sierra Nevada Memorial Hospital (SNMH) Cardiac Rehabilitation Program provides top-notch care for heart attack survivors, those with angina, and coronary stent patients.

This exceptional program, led by expert nurses and exercise physiologists, includes supervised exercise sessions, telemetry monitoring, and a comprehensive education component. Patients receive personalized care, learning heart-healthy practices through nutrition lectures, stress management classes, and physical conditioning. Thanks to the generous support of the Sierra Nevada Memorial Hospital Foundation, the program recently completed a significant upgrade to its telemetry monitoring system. *The Foundation raised \$60,000 to fund this vital project, enhancing patient safety and ensuring advanced care with state-of-the-art technology.* 

By supporting this project, SNMH Foundation continues to make a lasting impact, helping patients recover and embrace heart-healthy lifestyle changes for the long term. This achievement underscores the power of community generosity in fostering world-class healthcare right here in our own backyard.



The Cardiac Rehabilitation team at Sierra Nevada Memorial Hospital assists patients recovering from a heart event or procedure, monitoring and supporting them in their return to regular activities and exercise. Shown here are Diana Henry, NR, Cardiac and Pulmonary Nurse; Kristy Cates, Director of Cardiopulmonary and Rehab Services; Becca Conway, Exercise Physiologist; Bailey Cossentine, Exercise Physiologist.

## SAVE THE DATE! Upcoming Events in 2025





## **THANK YOU FOR ALL YOUR SUPPORT!**











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