



Sierra Nevada Memorial  
Hospital Foundation

# PARTNERS IN HEALTH



## ALZHEIMER'S OUTREACH PROGRAM

**Expanding Horizons, Empowering Lives:  
Donor Support Fuels Full-Time Growth to Help Caregivers**

The journey of Alzheimer's and related dementias is complex, impacting not only the individual diagnosed but their entire support system. At Sierra Nevada Memorial Hospital (SNMH), our dedicated Alzheimer's Outreach Program has been a vital resource for countless families. Thanks to the extraordinary generosity of our donors, we are thrilled to announce a significant and impactful expansion: the program is transitioning from a part-time service to a full-time case management program.

This pivotal shift allows us to dramatically increase our capacity, offering a comprehensive and personalized approach to care. We understand that effective support requires looking at "the whole picture" - encompassing biological, sociological, and psychological factors. This integrated perspective allows us to intervene effectively and tailor solutions that truly make a difference in the lives of both individuals living with dementia and their devoted caregivers.

Comprehensive support for our community is at the heart of the program with the provision of in-home or phone needs assessments. This crucial first step allows our experienced case manager to connect directly with families, understanding their unique circumstances and providing immediate, practical guidance.

This full-time case management program offers a wide array of support, including:

- Addressing Caregiver Stress and Burnout: We link caregivers to vital mental health supports, helping them navigate the emotional and physical toll of caregiving.
- Navigating the Future: We assist with both immediate and long-range planning, including guidance on difficult placement decisions and preparation for evolving needs.



*Program Coordinator, Judy Kautz, with partners from One-Source Caregiving*

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# A MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Friends of SNMH Foundation,

I am continually inspired and deeply grateful for your commitment to healthcare in our rural community. Your generosity is not just a gesture; it is the very heartbeat of our hospital, enabling SNMH to deliver exceptional care and meet the unique challenges they face.

Rural hospitals face distinct hurdles that are often unseen by those in larger regions. SNMH contends with a geographically dispersed population, making access to care more complex. Recruiting and retaining skilled medical professionals is a constant challenge, and the financial pressures are often magnified by lower reimbursement rates. Yet, despite these obstacles, the dedicated team works tirelessly to ensure that every patient who walks through SNMH's doors receives the highest quality of care. This is where your philanthropy makes an incredible impact.

Unlike urban hospitals that might have a broader base of corporate partnerships and other funding sources, rural hospitals often rely more on the generosity of individuals like you. Your donations bridge critical gaps, allowing us to invest in cutting-edge technology, upgrade our facilities, expand vital programs, and recruit top-tier talent that might otherwise bypass a rural location.

Just imagine the difference your support makes: equipping our emergency department with diagnostic tools, funding community outreach programs, or providing training for our staff and residents to master emerging techniques. These aren't luxuries; they are necessities that directly translate into improved patient outcomes, and a healthier community for all of us.

Looking ahead, the need for robust, accessible healthcare in our region will only continue to grow. Your continued partnership is not just about sustaining what we have; it's about pushing boundaries, innovating, and ensuring that our hospital remains a cornerstone of health and wellness for generations to come. Thank you for believing in our mission.

With sincere gratitude,

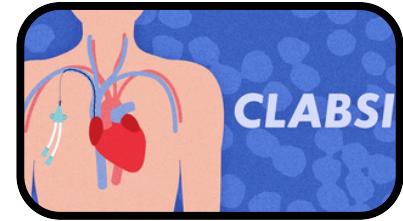
*Sandra Barrington, CFRE*

# PATIENT SAFETY MILESTONE

## 5 years without a CLABSI

The Sierra Nevada Memorial Hospital Foundation is proud to celebrate an extraordinary patient safety achievement at Sierra Nevada Memorial Hospital: **five consecutive years without a single Central Line-Associated Bloodstream Infection (CLABSI)**.

CLABSIs are serious, potentially life-threatening infections. Preventing them protects patients, shortens hospital stays, and provides peace of mind to families during critical moments of care.



This milestone is especially significant as it began during the COVID-19 pandemic, a time when many hospitals nationwide experienced increases in these infections. Through a strong, multidisciplinary approach—led by physicians, nurses, infection preventionists, and quality leaders—SNMH maintained rigorous prevention practices and an unwavering focus on safety.

*Five years at zero* reflects the dedication, expertise, and compassion of the hospital’s care teams and reinforces our shared commitment to safe, high-quality care for our community.

## Celebrating Excellence: SNMH Earns Two Prestigious Safety Awards

The Sierra Nevada Memorial Hospital Foundation is proud to share that Sierra Nevada Memorial Hospital (SNMH) has received two significant national honors recognizing its unwavering commitment to patient safety and quality care.

**SNMH has once again earned an “A” Hospital Safety Grade** from The Leapfrog Group, marking the fifth consecutive reporting period the hospital has achieved this top distinction. Leapfrog’s Hospital Safety Grade is the nation’s only independent program focused exclusively on preventing medical errors, injuries, infections, and accidents, using more than 30 rigorous, evidence-based measures to provide a transparent and trusted assessment of hospital safety.

In addition, **SNMH was named a Leapfrog Top Rural Hospital**, an honor awarded to only 16 hospitals nationwide—with SNMH the only hospital in California to receive this recognition. These achievements reflect the dedication, expertise, and compassion of SNMH’s physicians, nurses, and care teams, and reaffirm our shared commitment to delivering safe, high-quality care to our community.



# COMMUNITY BUSINESS PARTNERS

*Thank you for the incredible support from local businesses*

**Crystal Ridge Care Center** - Specializes in short term rehab as well as long term care, we also are able to help provide care for our veterans whether it be short term or long term. We are the only skilled nursing facility in Grass Valley that has a contract to serve our veterans as they have served us. Please Visit us at <https://crystalridgecarecenter.com> or call 530-272-2273



**El Dorado Pathology Medical Group** - Is a dedicated community partner! Established in 1982, EDPMG has been providing vital anatomic and clinical pathology services to El Dorado County, expanding to Nevada County in 2018. Specializing in areas like surgical pathology, hematopathology, and cytopathology, their mission is to provide patients with the most accurate and timely diagnoses, working closely with medical staff to ensure the best possible care. Learn more about their essential services by visiting their website at <https://www.eldoradopathology.com> or calling them at (530) 274-6034.



**Eskaton Grass Valley** - Offers older adults a maintenance-free lifestyle that combines the best of peaceful living and vibrant community life. Our 42-acre community enriches daily life with thoughtful amenities and an array of engaging activities that foster friendships and spark new interests. From independent living with services to assisted living and specialized memory care, we tailor our living options to honor each resident's individual journey and preferences. Contact us at [eskaton.org/evgv](http://eskaton.org/evgv) or 530-273-1778 to schedule a visit.



**Gold Country Hearing & Balance** - Providing comprehensive hearing and balance care to help you stay connected to the sounds and people you love. Our experienced team offers hearing evaluations, hearing aid fittings and services, balance assessments, and tinnitus management in a compassionate, patient-centered environment. We're dedicated to improving your quality of life through better hearing health. Contact us at 530-477-8114 or [goldcountryhearing.com](http://goldcountryhearing.com).



**Grass Valley Provisions LLC** - As Grass Valley's first licensed dispensary, our mission is to celebrate the unique character of our town in everything we do. We achieve this through meticulous attention to design, providing educational offerings, and making a significant investment in our community, all while offering safe access to thoughtfully curated cannabis products. To learn more about what makes Grass Valley Provisions unique, please visit our website at <https://www.gvprovisions.com> or give us a call at (530) 420-1660.



# COMMUNITY BUSINESS PARTNERS

Thank you for the incredible support from local businesses

**Owens Estate and Wealth Strategies Group** - An all-encompassing financial management company providing clients with a high level of service and integrity. Owens Estate and Wealth specializes in investment management, financial and retirement planning, estate consulting, and insurance. *Securities offered through Raymond James Financial Services, Inc., member FINRA / SIPC. Investment advisory services offered through Raymond James Financial Services Advisors, Inc. Owens Estate & Wealth Strategies Group is not a registered broker/dealer and is independent of Raymond James Financial Services.* Phone: (530) 272-7500 Web: [www.owensestateandwealth.com](http://www.owensestateandwealth.com)



**Pawnie's Home Care** - Is a quality-focused company that provides professional, experienced and reliable caregivers. They strive to bring the senior community the utmost independence and quality of life in the comfort of their own homes. Call them at (530) 268-8983 or visit [www.pawnies.com](http://www.pawnies.com).



**Spring Hill Manor Rehabilitation & Convalescent Hospital** - At Spring Hill Manor, we are committed to providing exceptional skilled nursing care with dignity and compassion through personalized care plans, comprehensive medication management, therapeutic services, dietary services support, social services, and engaging daily activities. We empower our residents to heal and thrive through a dedicated team committed to promoting wellness, recovery, and independence. You can Contact us at (530) 273-7247 or visit [shmrehab.com](http://shmrehab.com)



**SmarterBroadband, LLC** - SmarterBroadband keeping you connected! Locally owned and operated, providing fiber-fed high-speed Internet to communities in Nevada and Placer Counties. Building our network using miles of underground fiber optic cables allowing reliable Internet to our customers. Thanks to our loyal customers, it was voted Best of the Best Internet Service provider in Nevada County and Colfax's Best of the Best in multiple categories for nearly a decade. Trust your neighbor and make the "Smarter" choice for your internet needs - SmarterBroadband! <http://smarterbroadband.com/>; (530) 272-4000



**Wolf Creek Care Center** - Is a Medicare 5- Star Rated Skilled Nursing Facility, offering short term rehab and skilled nursing services. Our compassionate and talented caregiving team is dedicated to making each resident feel comfortable and safe so they can live their healthiest life possible. We provide 24/7 personalized healthcare services along with a talented team of therapists for all of your rehabilitation needs. As the smallest facility in Grass Valley, we offer a home-like environment with a care team that truly knows its residents and their needs. For more information about our facility or to schedule a tour, please contact us directly at 707.999.1510 or email our Marketing Director/Community Liaison, Amber Bimson, at [amber.bimson@wolfcreekcc.com](mailto:amber.bimson@wolfcreekcc.com).



# ALZHEMIER'S PROGRAM EXPANSION

*Continued from page 1*

- **Providing Crucial Respite:** We connect caregivers to resources that offer temporary relief, including providing respite funds when appropriate.
- **In-Home Support and Education:** We equip families with information and resources for in-home assistance and education on managing challenging behaviors and effective communication strategies for those with dementia.
- **Ensuring Accurate Diagnosis:** We guide families through the process of obtaining an accurate diagnosis, connecting them with appropriate medical specialists.
- **Connecting with Support Networks:** We provide information and linkages to local caregiver support groups and educational opportunities and facilitate family meetings to discuss planning, safety, and stress.
- **Legal and Financial Planning:** We educate families on the importance of getting affairs in order, including establishing Durable Power of Attorney, and assist with linkages to Medi-Cal and In-Home Supportive Services (IHSS).

## Your Generosity, Our Gratitude

This expansion to a full-time program is a testament to the power of community. It is entirely thanks to the generous support of our donors that we can now offer this vital, comprehensive case management service without interruption. Every dollar contributed directly enhances our ability to provide essential guidance, resources, and emotional support to families navigating the challenges of Alzheimer's.

The journey with Alzheimer's and related dementias presents daily challenges, but it doesn't have to be walked alone. With our expanded full-time Alzheimer's Outreach Program, Sierra Nevada Memorial Hospital is more committed than ever to empowering individuals and their families, providing a lifeline of support that truly makes a difference. If you or someone you know could benefit from this program, please contact:



### **Judy Kautz, LCSW**

Medical Social Worker

Alzheimer's Outreach Coordinator

Judith.Kautz@commonspirit.org

(530) 274-6007 x55595

**To make a donation  
to support the work of  
the Alzheimer's  
Outreach Program scan  
our QR code or visit:**



[SupportSierraNevada.org/donate](https://SupportSierraNevada.org/donate)

# UPCOMING EVENTS

[www.SupportSierraNevada.org/Events](http://www.SupportSierraNevada.org/Events)



## MARTINIS & A MOVIE

Join the Sierra Nevada Memorial Hospital Foundation for a captivating evening of classic entertainment and impactful philanthropy at "Martinis & A Movie" on Wednesday, April 1st, 2026, at the Del Oro Theatre in Downtown Grass Valley. Enjoy a timeless romantic comedy while directly supporting vital programs and services at Sierra Nevada Memorial Hospital, helping to ensure exceptional healthcare for our community. **Sponsorships and tickets now available!**



## ANNUAL AWARDS RECEPTION

Join the Sierra Nevada Memorial Hospital Foundation (SNMHF) on Tuesday, April 21st, from 5:30pm to 7:00pm at the Gold Miners Inn for their annual Awards Recognition Reception. This event celebrates the exceptional dedication of volunteers, businesses, and humanitarians who have significantly contributed to SNMHF's mission and supported Sierra Nevada Memorial Hospital.

**Sponsored by New Dawn Treatment Centers**



## SNMH GOLF CLASSIC

Join us on June 8<sup>th</sup> for a fantastic day of golf, camaraderie, and philanthropy at the exquisite Lake Wildwood Golf Course, all in support of the SNMH Foundation. Nestled among the picturesque oaks, towering pines, and charming homes of Lake Wildwood, this magnificent 168-acre private course offers an unparalleled golfing experience. Spend the day on one of Northern California's finest facilities, knowing that every swing contributes to the vital mission of the SNMH Foundation.



## STARRY, STARRY NIGHTS

Join the SNMHF on Saturday, July 18th for a magical summer soirée under the stars at the Nevada County Fairgrounds. This signature event promises fine dining, entertainment, and unforgettable memories, all while raising vital funds to support quality healthcare in Western Nevada County. Sponsorships are available now, with early reservations for Red Rose Society members opening May 1st, and general public reservations beginning May 15th.



Sierra Nevada Memorial  
Hospital Foundation

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**RETURN SERVICE REQUESTED**

# SNMH Foundation is delighted to announce the launch of the Bourn Vincent Society



*Janice and Jake Bronson and family  
- members of the  
Bourn Vincent Society*



**The Bourn Vincent Society:**  
where foresight meets lasting  
impact. By making a gift in your  
will or estate plan to SNMH  
Foundation, you become a  
valued member, honored for  
your generous commitment.

*Leave Your Mark. Extend Your Impact.*