



Sierra Nevada Memorial
Hospital Foundation

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Phone (530) 477-9700

If you would prefer to receive the newsletter
via e-mail, please send your request to:
jennifer.weir@dignityhealth.org

Office Hours: Mon—Fri. 8am to 5pm

*If you wish to be removed from our mailing
list, please send a brief note to the above
address or e-mail.*

www.supportsierranevada.org



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snmhfoundation



A different way to give back

Tribute Gifts—a meaningful way to honor birthdays, weddings, anniversaries, newborns or other special occasions. Surprise someone with a special donation in their honor.

Memorial Gifts—honor the memory of someone who has passed away by providing an opportunity to show sympathy to a family by doing something that will benefit others. Memorial gifts are a lasting remembrance of a special person and a meaningful way to celebrate their life.

To make a Tribute/Memorial gift, please use the provided envelope in this newsletter, visit supportsierranevada.org/donate, or call (530) 477-9700.

NEW: If you have made a previous donation to SNMH Foundation, you will also receive a Memorial/Tribute envelope with your thank you letter.

SNMHF Wheels for Wellness Program Donate your vehicle; help save lives!

SNMH Foundation will take any vehicle (including commercial and business) as long as they are running.

Updating your fleet vehicles? Let us take care of the old ones.

Retiring? Let us take care of your company cars that are no longer needed.

Storing a vehicle and no longer interested in keeping it? Donate it to a good cause!

We will take down your information and get the quick and easy process underway that same day.
Call us today at (530) 477-9700! Or visit www.supportsierranevada.org/wheelsforwellness

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Sierra Nevada Memorial
Hospital Foundation

Our Mission: We touch and save lives every day by helping Sierra Nevada Memorial Hospital deliver superior healthcare through outreach programs, education, state-of-the-art technology and facilities by means of philanthropy and volunteerism.

Summer 2020

Partners in Health

Meet the Match for Mammography



While COVID-19 is at the forefront of many of our minds, it is important to remember that other deadly diseases—such as breast cancer—still exist and are being fought on a daily basis by survivors and their loved ones.

Sadly, one in eight women living in the United States will develop breast cancer in her lifetime. Mammography is the best tool for early detection of breast cancer. Please join us in the fight against this disease by making a gift toward a new, state-of-the-art mammography machine in the Women's Imaging Center at Sierra Nevada Memorial Hospital.

At this newsletter's time of print, we have raised \$110,000 of our \$150,000 goal. The hospital will cover the remaining project cost (about \$200,000).

"We are convinced that high quality mammography can be lifesaving, which is why we are offering a \$5000 challenge grant to support the Sierra Nevada Memorial Hospital Foundation Breast Cancer fund."

- The Drews

Help us reach our goal of \$150,000 by the end of summer!

Thank you to SNMHF Board member Denis Drew, MD and Barbara Drew, RN, PHD for generously offering a challenge to donors. For the month of July, every gift to support the new mammography machine will be matched \$1 for \$1, up to \$5,000!

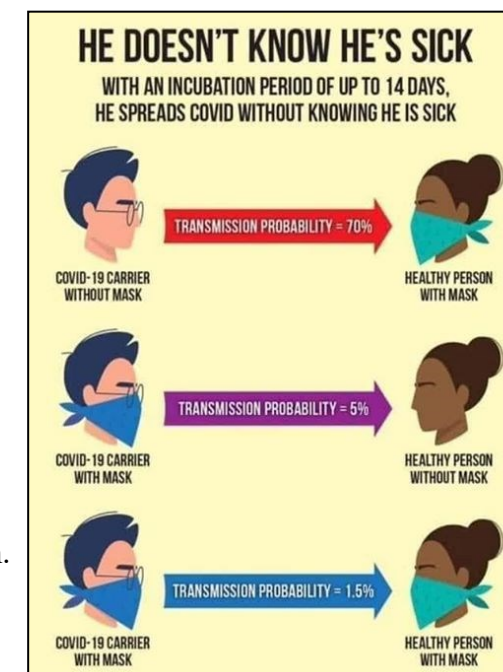
Make a secure online donation by visiting supportsierranevada.org/donate or use the enclosed envelope. You can also send a check made out to SNMHF to PO Box 1810, Grass Valley, CA 95945 or give us a call at (530) 477-9700.

COVID-19 Update

From the CDC: The CDC continues to study the spread and effects of the novel coronavirus across the United States. We now know from recent studies that a significant portion of individuals with coronavirus lack symptoms ("asymptomatic") and that even those who eventually develop symptoms ("pre-symptomatic") can transmit the virus to others before showing symptoms.

This means that the virus can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing—even if those people are not exhibiting symptoms. In light of this new evidence, CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) especially in areas of significant community-based transmission.

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**SNMH Foundation
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Dear friends of SNMH Foundation,

If someone were to look back at our newsletters from last year, I suspect they might think to themselves, “what a whirlwind of a year!” It has been a year of great challenge – everything from power outages, to COVID-19, to the cancellation of events that are near and dear to us.

It has also been a year of incredible success – funding for a Primary Care Rural Residency program, completion of the Emergency Department transformation, a Hospital President completing his first year, opening of an Infusion Center, and more!

While I know most of us are tired and worn down by the constant COVID-19 chatter, the reality is it is effecting everything. This elusive virus has touched every aspect of our community from geography, age, gender, business, economy, and even personal beliefs.

Thankfully, during this difficult time, some lights do shine bright. Times like this make us stronger and more resilient. People often surprise us with their willingness to serve. And often generosity comes from unlikely sources.

Our Board and staff are so grateful for the contributions that individuals and businesses offered so freely during this time. Canceling events was heartbreaking, but you stood by us. We are eternally grateful.

Masks were made by the hundreds. Face shields, sanitizer, PPE, gowns, gloves and supplies came from near and far. Food and beverages for Hospital workers not only provided nourishment, but raised their spirits as well.

We just completed our fiscal year in June. I am so very proud to share that despite all the challenges, we raised over \$1.6 million which was just \$49,000 shy of our goal for the year.

I will continue to share with you why I believe our hospital is one of the most important cornerstones of our community. I invite you to walk beside me by supporting the amazing efforts of our healthcare community. Despite what some might say, you *can* live in a rural community and have access to incredible health services. We have proven that during these unprecedented times.

My heartfelt appreciation,

Kimberly Parker, CFRE
SNMH Foundation Executive Director

**Your gift matters
Make a big impact with a future gift**

When you include Sierra Nevada Memorial Hospital Foundation in your estate plan, your generosity provides future generations in our community with state-of-the-art healthcare for many years to come.

www.supportsierranevada.org/plannedgiving

**Homemade Face Masks**

SNMH Respiratory Department with their donated, homemade masks.

On behalf of Sierra Nevada Memorial Hospital Foundation and Sierra Nevada Memorial Hospital, we would like to thank community members for their generous donations of beautifully made masks during this challenging time of COVID-19. We want you to know it has deeply touched the employees at the hospital to know you are helping us.

We also want you to know that every mask that has been delivered to us has gone over to the hospital and is being used. While the pandemic has been devastating in so many ways, seeing the spirit of our community as we go through this has been truly inspirational. Again, thank you.

Our hospital continues to utilize cloth masks! Finished masks may be dropped off in a box located at the front door of the SNMH Foundation office (140 Litton Drive, Suite 220, Grass Valley) between 1-4 Monday – Friday. Please put masks into a Ziploc bag or another bag that can be closed. Include a note with your name, contact information, and how many masks you have included. We also ask that masks be washed prior to delivery.

You may use a pattern off of the internet. If you have questions, please contact us at infosnmhf@dignityhealth.org or call (530) 477-9700. We are incredibly grateful to our community for your assistance.

A Message To Our Volunteers

To our SNMH Foundation volunteers and SNMH Auxiliary members:

We know that the last several months have been full of uncertainties, but one thing we are certain of is how much we appreciate the time and talent that our volunteers bring to our organization and the overall health of our community as a whole.

We could not do this without you and we want to let you know that we are thinking of you during these difficult times.

Although our yearly schedule has been slightly altered, we still have several projects that we are currently working on. Helping to maintain the health of our community is now more important than ever and we still need our volunteers.

To that end, if you are interested on working on a volunteer project at home, please let us know. We have several opportunities that do not require being on-site. Contact Jennifer Weir at (530) 477-9700 and mention seeing this in the SNMH Foundation newsletter. Thank you for your ongoing support and for helping us provide quality, community healthcare now and for generations to come!

Meet our SNMH Foundation Program Team!

Linda Aeschliman—Alzheimer’s Outreach program Education Coordinator
Vanessa Hale—Barbara Schmidt Millar Celebration of Life Triathlon and 5K Race Director
Anastacia Knight—Social Outreach Program Coordinator
Karen Marinovich—Falls Prevention Coordinator



Let all that you do
be done in love.

THANK YOU
VOLUNTEERS!



Sierra Nevada Memorial Hospital News



We are proud to announce that Sierra Nevada Memorial Hospital received the 2020 Partner for Change Environmental Excellence Award from Practice Greenhealth.

This award recognizes health care facilities that continuously improve and expand upon programs to eliminate mercury, reduce and recycle waste, source products sustainably, and more.

Winning facilities have demonstrated that they are recycling at least 15 percent of their total waste, have reduced regulated medical waste, are on track to eliminate mercury, and have developed successful sustainability programs in many areas.



Last February, one of the Sierra Nevada Memorial Hospital ambulance crews responded to a private residence for a complaint of chest pain. Just as the engine and ambulance were arriving on scene, the dispatcher notified responders that the caller/patient had gone silent and she heard agonal respirations over the phone. The responders were able to quickly gain access into the residence and immediately began CPR.

The patient wanted to recognize the teams from Fire and the SNMH ambulance crew. The event happened at station 89 to recognize both crews. Thank you to Paramedic Jessica Farmer and EMT, Kevin Murphy. A big shout-out to all of the teams involved!

COVID-19 Update

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It is critical to emphasize that maintaining six feet of social distancing remains important to slowing the spread of the virus. The CDC is additionally advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.



Welcome to our new Board Members!



Jean Creasey, DDS



Heather Thorpe



Richard Keene

Thank you David Jones!



Nevada County resident David Jones rolled off of the Sierra Nevada Memorial Hospital Foundation Board as of July 1, 2020.

David has served on the Board for 12 years in various roles including Board Treasurer and a member of the Executive Committee. He has also attended every Starry, Starry Night event, except for one year.

The Board and staff at SNMH Foundation will miss David and wish him well in his future endeavors.

Emergency Department Transformation: We have reached our goal of \$2 million!

A trip to the emergency room can be both frightening and stressful. Whether your child has broken a bone or a loved one has suffered a stroke, Sierra Nevada Memorial Hospital has been there 24/7, 365 days a year. Built to handle 15,000 emergency room visits a year, the department now sees over 35,000 patients annually. Because of your generous donations, our hospital's Emergency Department is able to transform to meet patient needs, as well as those of their loved ones.

The new transformation includes: Two new Rapid Medical Exam rooms to handle less urgent cases and reduce the average wait time, two new beds to redirect ER flow and increase space for front-line triage staff, a comforting room for patients in crisis, and a private room for family counseling and grieving.

In addition, the CT (computed tomography) machine will be moved closer to the ER to ensure immediate stroke treatment and care. The addition of an in-house MRI (magnetic resonance imaging) machine and other diagnostic imaging equipment will allow patients to stay in the same building for testing, decrease overall wait time, and greatly reduce patients needing to leave the community for care.



The new MRI machine.

Thank you for your support!

Community Partner Spotlight



Nevada County Mortgage has three licensed and experienced mortgage loan originators working as a team. The team concept means there is always someone available to help borrowers.

We pride ourselves on great communication, integrity and experience. We were honored to be recognized as Nevada County's best mortgage lender once again by The Union Newspaper for 2019.



At Cornerstone Accounting we develop a deep, empathetic understanding of the needs of our clients by becoming a critical part of their financial team. By providing reviewed, high-level, accurate and meaningful reports we help our clients manage and grow their wealth successfully.

Visit www.cornerstoneaccountant.com for more information.

Welcome new doctors!

Dr. Faye Jensen, OBGYN—105 Margaret Lane, Grass Valley (530) 272-9615.

Dr. Deborah Chong with Dignity Health Medical Group—280 Sierra College Dr., Suite 105 & 120, Grass Valley (530) 477-4480

Sierra Nevada Memorial Hospital Radiologist Dr. Aaron Reposar



NEW SHOW TIME! *Your Health radio show*

KNCO NewsTalk 830

Featuring SNMH Foundation Executive Director Kimberly Parker

Airs every second Monday at 9 a.m.

Guests from a wide range of medical professionals throughout the region.

Previous episodes of *Your Health* can be listened to by visiting <https://supportsierranevada.org/yourhealth>



Introducing: SNMHF Friends Facebook group

"SNMHF Friends" is a Facebook group for friends of SNMH Foundation and others in our community who wish to support quality, community healthcare. This group will serve as a means for friends and supporters to develop meaningful relationships and further disseminate healthcare-related communications from SNMH Foundation, SNMH, and our affiliates.

It's free and easy to join! Simply visit www.facebook.com/groups/snmhffriends.

Thank you for being our friend!

Thank You to our Supporters!

We recognize the negative effects Covid-19 has had on our local community and are grateful for your ongoing partnership with and gracious support of SNMH Foundation. Because of you, we are able to ensure that our community stays happy and healthy now and for generations to come. Thank you!

SNMHF Community Business Partners

Aspen Street Architects, Inc. * Atria Grass Valley * Bank of America * BR Acoustical, Inc.
 BriarPatch Co-Op * Brunswick Village * Budget Blinds of Grass Valley
 Cascades of Grass Valley * Claydon Medical Group, Inc. * Comfort Keepers
 Cornerstone Accounting Services * Cosco Fire Protection, Inc. * Country Copy Print Shop
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 Scinto Group LLP * Shaws Hill Partners * Sierra Financial Advisory
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Martinis & A Movie, SNMH Golf Classic, and Starry, Starry Nights Sponsors

A-One Bookkeeping & Tax * AJA Video Systems, Inc. * Connie & Jerry Angove
 Antonio Ayestaran Custom Catering * Cece & Jim Bair * Ben Franklin Crafts and Frames
 Dr. and Mrs Andrew Chang * Colin Construction * Laurel & John Coltart
 Barbara & Dr. Denis Drew * Edward Jones * Ernie's Van and Storage * Full Circle Financial
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 Nevada City Winery * Nevada County Mortgage * Dr. Sarah Woerner and Tony Norskog
 Oakwood Village Assisted Living & Memory Care * Optum 360, LLC
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 Jeanette and Dr. Jeff Rosenberg * Beverly & Amos Seghezzi * The Setzer Foundation
 Shef's Plumbing * Sierra Sky Winery * Sierra Starr Winery * State Farm Insurance - Mike
 Bratton * Deborah & Howard Stone * Szabo Winery * Bernadette & Ed Sylvester
 Synergy Surgicalists * The Union * Tito's Handmade Vodka
 Tri Counties Bank * Deborah & Russ Wilder * Young's Carpet One

As of June 2020 - Partners and Sponsors over \$500 level