



Sierra Nevada Memorial
Hospital Foundation

140 Litton Drive, Suite 220
P.O. Box 1810
Grass Valley, CA 95945
Phone (530) 477-9700

If you would prefer to receive the newsletter
via e-mail, please send your request to:
jennifer.weir@dignityhealth.org

Office Hours: Mon—Fri. 8am to 5pm

*If you wish to be removed from our mailing
list, please send a brief note to the above
address or e-mail.*

www.supportsierranevada.org



Facebook.com/SupportSierraNevada



snmhfoundation

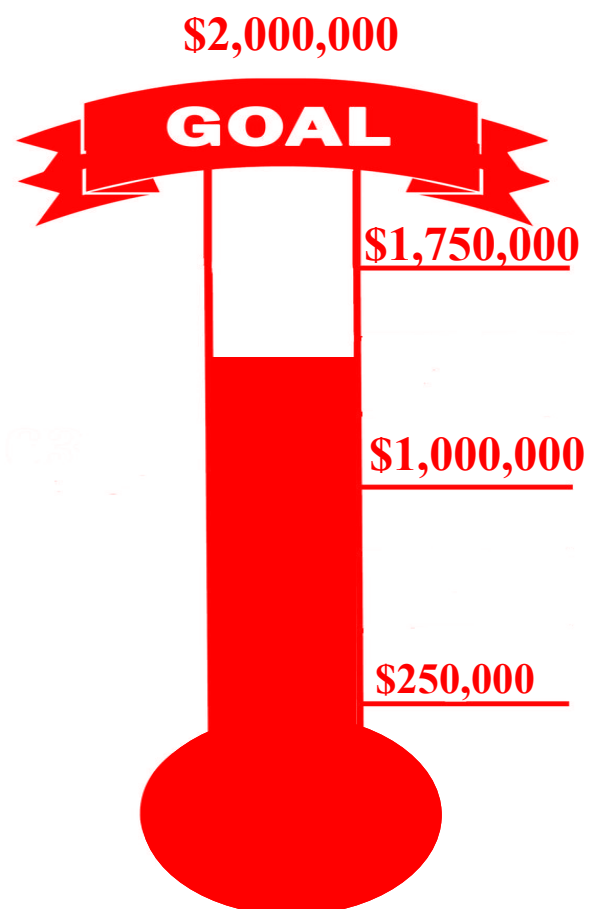
SNMH Foundation Emergency Department Campaign Update

To date, nearly \$1.4 of our \$2 million goal has been committed to ensure high quality emergency care for our community. There are several phases of this project with progress being made on all fronts.

Phase one includes work for inpatient diagnostics. We thank Streamline Construction for their work on the MRI and XRay upgrades. This work will be done be early to mid-summer.

Emergency Department construction is also moving forward nicely thanks to local contractor Colin Construction. Work includes the Rapid Treatment Unit, Triage and waiting rooms, a place for private family counseling, patient area, crisis care unit, and more!

We still need your help to reach out goal. For more information, call (530) 477-9700 or visit supportsierranevada.org.



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Sierra Nevada Memorial
Hospital Foundation

Winter 2019

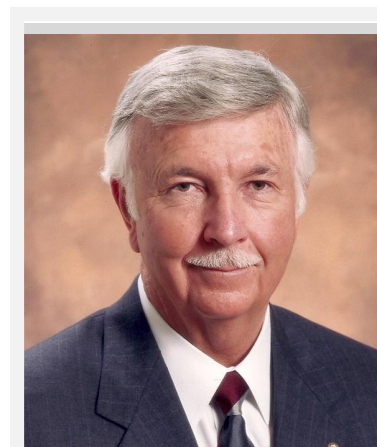
Partners in Health

Our Mission: We touch and save lives every day by helping Sierra Nevada Memorial Hospital deliver superior healthcare through outreach programs, education, state-of-the-art technology and facilities by means of philanthropy and volunteerism.

2019 SNMHF Award Recognition Reception



Judi Foy
Humanitarian of the Year



Ed Sylvester
Curtis Grimes Perpetual Leadership Award



Paul Faahs
Volunteer of the Year



BriarPatch Food Co-op
Business of the Year



Nevada County Law Enforcement Pink Patch Program
Volunteer Group of the Year

**Information on
SNMH Center
for Wound
Healing and
Hyperbaric
Medicine on page 7**

Please join us in celebration!
Read about the meaning of each award on page 3.

April 24, 2019, 5:30 p.m. to 7:00 p.m.
Gold Miners Inn, Grass Valley
Refreshments and cash bar available

This is a free event.
Please RSVP by calling (530) 477-9700

**SNMHF
Annual
Save the Date
list and winter
photo gallery on
page 4**

**2019
SNMH Foundation
Board of Directors****Executive Committee**

Sean Metroka
President
Gil Mathew
Vice President
David Jones
Treasurer
Barbara DeGraw
Secretary
Ken Drummer
Member-at-Large
Mary Bittle
Member-at-Large
Marty Lombardi
Immediate Past President

Board Members

Jake Bronson
Denis Drew, MD
Brian Evans, MD
Alex Gammelgard
Dylan Hendricks
Jim Phillips
Roberta Proctor
Edward Sylvester
Tom Tomasello
Greg Vixie, DDS
Kim Zwick

Full-time Foundation Staff

Kimberly Parker, CFRE
Executive Director
Sandra Barrington, CFRE
Associate Director
Jenni Toedtemeier
Development Director
Amy Abt
*Development/
Communications Manager*
Jennifer Weir
*Executive Administrator to
the Executive Director*
Kara Liller
Bookkeeper

Part-time Foundation Staff

Shari Voors
*Development/Event
Associate*
Judy Bagley
Administrative Assistant

Dear friends of SNMH Foundation,

Wow! There is so much happening that I don't know where to begin! So many people are working hard to ensure we have great care and service at our hospital. In this issue, I thought I would share a small number of the recent milestones that stand out to me!

We are excited that our early childhood literacy Read Me a Story program has surpassed 50,000 books given to children! Thank you Dr. Sarah Woerner, Soroptimists of the Sierra Foothills, the RMAS Committee, and the donors and funders that have given generously.

The Hospital recently celebrated the opening of the new Infusion Center. This amazing new space is quite important to those that need infusions on a regular basis. We could not have done this project without the \$280,000 donated from our community for this project.

Recently a dynamic physician recruitment video was developed to encourage physicians from out of the area to consider coming to western Nevada County to practice medicine. We are deeply grateful for the tremendous videography skills of Lou Douros, the partnership with the Economic Resource Council, the businesses that donated videos and the countless staff and volunteers that assisted with this project.

The Alzheimer's Outreach Program recently added a Music and Memory component which customizes playlists for those suffering with dementia. For many, music is calming and reminds them of happy times. Thanks to the regional Music and Memory program for providing the resources to help get us get started and to those that have donated iTunes cards.

Last, but not least, thank you to our Hospital leadership and Board for knowing how important it is that we always move forward with our healthcare strategies. Did you know your Hospital is making significant financial investments on projects such as the current Emergency Department transformation, the recently opened Infusion Center, Cardiac Rehab relocation, a new cafeteria, front lobby, pharmacy, equipment, and more? Philanthropy has played a key role supporting many of these efforts which otherwise might not happen or happen as fast. Together, we are accomplishing so much to ensure our community has the best care possible.

I'll say it over and over.... thank you. We need to continue the great work that is being done. We need your support because we don't just want to be a good rural hospital, we want to be the *shining star* of rural hospitals. You shouldn't have to make the choice between quality healthcare and lifestyle. As always, I'd love to hear from you. Please feel free to call (530) 477-9700 or email me at kimberly.parker1@dignityhealth.org.

Good health to you,

**Tax-Savvy Giving: The IRA Charitable Rollover**

For donors who are 70 or older, there is a tax-savvy way to give through your IRA.

The IRA Charitable Rollover provides you with an excellent opportunity to make a gift during your lifetime from an asset that would be subject to multiple levels of taxation if it remained in your taxable estate. As you plan your minimum required distributions for this year, if you do not need the money the government is requiring you to take, consider using it for a charitable gift using the IRA Charitable Rollover.

To qualify: you must be 70 and a half years old at the time of the gift. Transfers must be made directly from a traditional IRA account by your IRA administrator to Sierra Nevada Memorial Hospital Foundation. Funds that are withdrawn by you and the contributed DO NOT qualify. Gifts from 401k, 403b, SEP and other plans do not qualify. Gifts must be outright. Distributions to donor-advised funds or life-income arrangements such as charitable remainder trusts and charitable gift annuities are not allowed.

Benefits—qualified charitable distributions: These can total up to \$100,000. These are not included in your gross income for federal income tax purposes on your IRS Form 1040 (no charitable deduction is available, however). It will count toward your minimum required distribution for the year from your IRA.

**For more information, please contact SNMHF Associate Director
Sandra Barrington, CFRE at (530) 477-9700 or sandra.barrington@dignityhealth.org**



Employees of the Wound Center celebrate the holidays with a former patient.

Did You Know?

- The SNMH Center for Wound Healing and Hyperbaric Medicine is staffed by a multidisciplinary team with advanced training in wound care and hyperbaric medicine.
- The Center specializes in Hyperbaric Oxygen Therapy, a well-established adjunct wound healing treatment (originally used for decompression sickness, a hazard of scuba diving).
- The Center treats diabetic foot ulcers, venous ulcers, pressure ulcers, surgical wounds, traumatic wounds, arterial ulcers, radiation wounds, comprised skin grafts, burns and crush injuries, and more! The Wound Clinic accepts all forms of insurance and referring physicians are kept informed of their patients' progress.

**Local doctors help fight
addiction in Nevada County**

Drs. Carl Alsup and Nathan Claydon (pictured left to right) recently secured a \$175,000 grant to provide navigation services to people in Nevada County struggling with addiction. There will be a special focus on opiate addiction which has been on the rise across the country. A collaborative group—including experts from Sierra Nevada Memorial Hospital, the county, law enforcement, Community Recovery Resources (CORR), Chapa-De Indian Health, and Western Sierra Medical Clinic—will help ensure that these funds create maximum benefit for our community.

Great job guys!



A different way to give back



Tribute—a meaningful way to honor birthdays, weddings, anniversaries, newborns or other special occasions. Surprise someone with a special donation in their honor.

Memorial—gifts honor the memory of someone who has passed away and provides an opportunity to show sympathy to a family by doing something that will benefit others. Memorial gifts are a lasting remembrance of a special person and a meaningful way to celebrate their life.

Visit supportsierranevada.org/donate
or mail to: SNMH Foundation
PO Box 1810, Grass Valley, CA 95945
For more information, call (530) 477-9700.

“WHEELS FOR WELLNESS”

SNMH Foundation
Vehicle Donation Program

Donate:
Cars
Boats
RV's
Motorcycles
& more!

For more details
call (530) 477-9700



Congratulations to Sierra Nevada Memorial Hospital for receiving the Healthgrades 2018 Patient Safety Excellence Award™, a designation that recognizes superior performance of hospitals that have prevented the occurrence of serious, potentially avoidable complications for patients during hospital stays!

Your Health Radio Show on KNCO

Tune in to hear SNMHF Executive Director Kimberly Parker discuss community healthcare in western Nevada County. Her show airs the second Monday of the month from 1 p.m. to 2 p.m.

March 11:
Dr. Anabel Facemire on cardiovascular health.
April 8:
Dr. Sarah Woerner and Judi McKeehan on early childhood literacy.

Visit supportsierranevada.org/yourhealth
to catch up on all the latest episodes

Show your
gratitude.



National
Doctors' Day
March 30

On March 30 we celebrate National Doctors' Day—a day designated to thank physicians for their tireless efforts and commitment to our health.

Please join Sierra Nevada Memorial Hospital Foundation as we celebrate National Doctors' Day and show our gratitude to the doctors who do so much for us. By giving a gift in honor of your doctor, you let them know how their work is important to you, and help us continue to provide excellent care delivered with compassion.

The funds raised during Doctor's Day will support the high-quality care and innovative programs at Sierra Nevada Memorial Hospital that improve health and wellbeing throughout our community.

To learn more or to make a donation to the program or area of your choosing, please visit www.supportsierranevada.org/doctorsday or call (530) 477-9700.



(continued from front cover)



Ed Sylvester—Curtis Grimes Perpetual Leadership Award

This award is presented annually to a volunteer who has demonstrated the outstanding leadership that Curtis Grimes exemplified. Over four decades ago Curtis Grimes was instrumental in creating Sierra Nevada Memorial Hospital Foundation. Through his efforts SNMH Foundation is able to provide necessary financial backing to support our local hospital.

Judi Foy—Humanitarian of the Year

Sierra Nevada Memorial Hospital Foundation Board of Directors created the Glaister A. Dawkins Humanitarian Award in 2002 to recognize western Nevada County residents that have made humanitarian contributions at a global level while serving people in countries all over the world.

BriarPatch Food Co-op—Business of the Year

This award recognizes the efforts of a business that provides valuable support to Sierra Nevada Memorial Hospital Foundation. By providing financial and in-kind support and through volunteerism, this business has helped Sierra Nevada Memorial Hospital Foundation achieve its goals and mission.

Paul Faahs—Volunteer of the Year

This award recognizes the efforts of a western Nevada County resident who volunteers for Sierra Nevada Memorial Hospital Foundation. Through time and service, the individual has helped Sierra Nevada Memorial Hospital Foundation meet its goals.

Nevada County Law Enforcement Pink Patch Project—Volunteer Group of the Year

This award recognizes the efforts of a group of western Nevada County residents that volunteer for Sierra Nevada Memorial Hospital Foundation. Through time, talent, and service, those individuals have helped Sierra Nevada Memorial Hospital Foundation meet its goals.

Join Us To Honor The Awardees

Community Partner Spotlight



Plaza Tire and Auto Service performs Complete Auto Repair on all makes and models. They thank everyone for voting them Best of Nevada

County and credit their staff & certified automotive technicians for their outstanding service and quality workmanship, year after year. Their four convenient locations are Penn Valley, Grass Valley, Colfax and for over 50 years, Nevada City. Please see them for tires and all of your auto repairs!
www.plazatireandautoservice.com

Save the Date!

Understanding Alzheimer's Disease and Related Dementias

March 27

www.supportsierranevada.org/wellnessclasses

Savvy Women Talk
Finding Your Roots with Susan Rogers

March 27 *free event*

www.supportsierranevada.org/savvywomentalk

Martinis & A Movie
Featuring Charade

April 3

www.supportsierranevada.org/martinisandamovie

SNMHF Award Recognition Reception

April 24 *free event*

Please call (530) 477-9700

SNMH Golf Classic

June 3

www.supportsierranevada.org/golfclassic

Starry, Starry Nights

July 20

Registration currently open to sponsors

BSM Triathlon and 5k Run/Walk

September 15

Registration open now! Visit bsmtri.org

SNMHF

35th Anniversary Celebration

November 2

More details to come

For more info: Call (530) 477-9700 or visit
www.supportsierranevada.org.

FRIAR TUCK'S RESTAURANT & BAR

Located in downtown Nevada City, **Friar Tuck's Restaurant & Bar** has been a festive dining and lounge experience since 1973. Our family owned restaurant features a warm, unique atmosphere with friendly staff, and an extensive steak, seafood and unique fondue menu. We are more than a place to have dinner. At Friar Tuck's, we believe in creating an experience—a memory. Join us and see why we are a local favorite. www.friartucks.com

Martinis & a Movie



Presenting Sponsor:
tri counties bank
Service With Solutions™

April 3, 2019

at the Del Oro Theatre

Doors open at 6:30pm.

Movie at 7:15pm.

Tickets include: Martinis
(served 6:30 to 7:15),
snacks & movie
\$30 in advance,
\$35 at door (if available)

Tickets available at
www.supportsierranevada.org/martinisandamovie,
SNMH Foundation (140 Litton Drive, Suite 220
in Grass Valley) or at the Pine Tree Gift Shop
at Sierra Nevada Memorial Hospital.

Guests must be over 21 years old

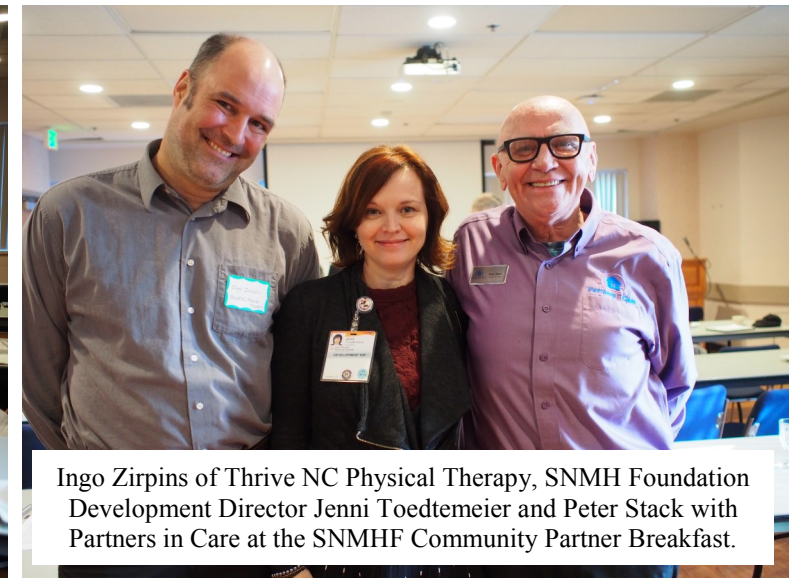
Proceeds benefit the
Emergency Department Campaign

For more information or to sign up to
sponsor this fun-filled event, please visit
www.supportsierranevada.org/
martinismartinisandamovie

SNMH Foundation Winter Photos



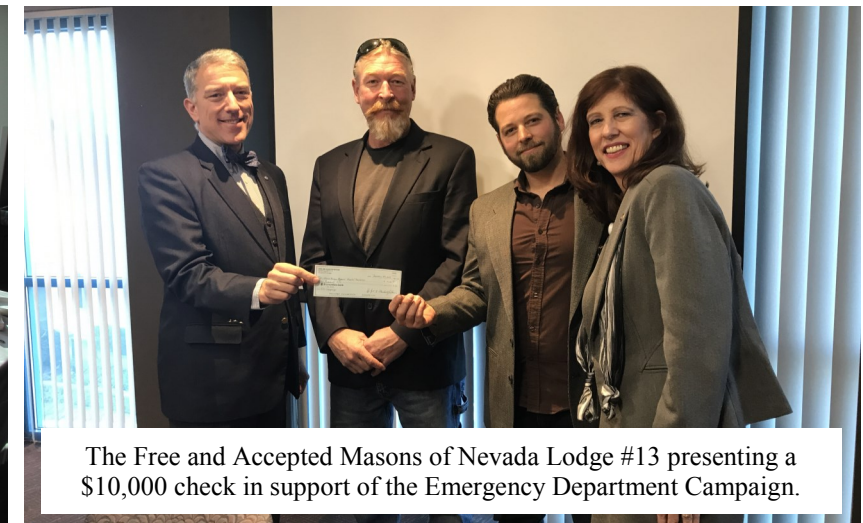
SNMH Foundation Community Partner breakfast.



Ingo Zirpins of Thrive NC Physical Therapy, SNMH Foundation Development Director Jenni Toedtmeier and Peter Stack with Partners in Care at the SNMHF Community Partner Breakfast.



The cake and view at the Sierra Nevada Memorial Hospital Infusion Center grand opening.



The Free and Accepted Masons of Nevada Lodge #13 presenting a \$10,000 check in support of the Emergency Department Campaign.



Grass Valley Police Department presenting a check to SNMH Foundation from their No Shave November event.



Todd Johnson, co-owner of Foothill Flowers, donated 125 beautiful and colorful roses to Sierra Nevada Memorial Hospital for a hospital employee appreciation event.